




# Groundcovers & Foot Traffic- 'Can I walk on it?'

\*Light = Occasional foot traffic (aka toe traffic)- to do any necessary weeding, as an edging for a wide path, or to grow in spaces between large-sized stepping stones or paved areas

\*Medium = Foot traffic a couple of times a day- good for path edging and to use in spaces between stepping stones or paved areas

\*Heavy = On a par with lawn- able to withstand substantial amounts of foot traffic

|   | <u>Common/Botanical Name:</u>            | <u>Foot Traffic Rate</u>               |
|---|--|--|
|   | Bishop's Weed/Aegopodium                 | Light                                  |
|   | Bugleweed/Ajuga                          | Medium                                 |
|    | Kinnickinnick/Arctostaphylos             | Light                                  |
|   | Sandwort/Arenaria                        | Light                                  |
|   | Ceanothus                                | Light                                  |
|   | Bunchberry/Cornus                        | Light                                  |
|   | Cotoneaster                              | Light                                  |
|    | Dwarf Kenilworth Ivy/Cymbalaria          | Light                                  |
|   | Erodium                                  | Light                                  |
|    | Sand Strawberry/Fragaria                 | Medium                                 |
|   | Sweet Woodruff/Galium                    | Light                                  |
|   | Wintergreen/Gaultheria procumbens        | Light                                  |
|   | Salal/Gaultheria shallon                 | Light                                  |
|  | Rupturewort/Herniaria                    | Medium                                 |
|   | St. John's Wort/Hypericum                | Light                                  |
|   | Brass Buttons/Leptinella (aka Cotula)    | Medium                                 |
|   | Lindernia                                | Medium                                 |
|   | Lithodora                                | Light                                  |
|  | Creeping Jenny/Lysimachia                | Medium                                 |
|   | Mazus                                    | Medium                                 |
|  | Corsican Mint/Mentha                     | Light                                  |
|   | Wire Vine/Muehlenbeckia                  | Medium                                 |
|   | Shamrock/Oxalis                          | Light                                  |
|   | Japanese Spurge/Pachysandra              | Light                                  |
|  | Blue Star Creeper/Pratia (aka Laurentia) | Heavy                                  |
|   | Raoulia                                  | Light                                  |
|   | Rubus                                    | Light                                  |
|   | Irish & Scotch Moss/Sagina               | Heavy                                  |
|   | Ogon Sedum/Sedum m. 'Ogon'               | Light                                  |
|  | Club Moss/Selaginella                    | Light                                  |
|   | Baby's Tears/Soleirolia                  | Light                                  |
|   | Creeping Thyme/Thymus (many varieties)   | Medium to Heavy (depending on variety) |
|   | Periwinkle/Vinca                         | Medium                                 |